

## Are you affected by someone else's drug or alcohol use?

VOCAL's Family Support: Drugs and Alcohol (FSDA) service is here to help you.

It's important to recognise that drug and alcohol recovery involves a whole network of family and friends. Your life and health is impacted too.

We offer you one-to-one advice, peer support, free events and training, and legal rights information.

Contact us or visit **vocal.org.uk/fsda** to find out more.



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