

**I HAVE A CARER  
AND NEED ASSISTANCE**

**These are MY details:**

**Name:**

---

**Address:**

---

---

**Telephone:**

**My CARER'S details are:**

**Name:**

---

**Address:**

---

---

**Telephone:**

---

*My carer is supported by VOCAL - Voice of Carers Across Lothian. Contact **0808 196 6666***

**ATTENTION!**

**EMERGENCY INFO CARD**

# If you can't contact my carer contact:



Name:

---

Address:

---

---

Telephone:

## Important information about me:

My GP:

---

---

---

Medication:

---

---

---

---

Social worker:

---

---

out of hours emergency  
social work contact:

**0800 731 6969**