

This card contains vital information
in the event I am ill or incapacitated

I am a CARER - here are my details:

Name:

Address:

Telephone:

I care for:

Name:

Address:

Telephone:

*I am supported by VOCAL - Voice of Carers
Across Lothian. Contact **0808 196 6666***

ATTENTION!

EMERGENCY INFO CARD

My main emergency contact is:



Name:

Address:

Telephone:

My back-up emergency contact is:

Name:

Address:

Telephone:

Information about the person I care for:

out of hours emergency
social work contact:

0800 731 6969