

Freepost RTJZ-LHZA-BLHC
VOCAL Midlothian
30/1 Hardengreen Industrial Estate
Dalkeith
EH22 3NX



HAPPY TO TRANSLATE

MOŻEMY PRZETŁUMACZYĆ আনন্দের সঙ্গে অনুবাদ করব
ترجمہ کے لئے حاضر 很樂意翻譯 يسعدنا توفير الترجمة

Summary available in Braille, large print, easy read or audio if you ask us. Call 0131 622 6666.

VOCAL gratefully acknowledge support from:



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VOCAL - Voice of Carers Across Lothian

Hospital In-reach Service

30/1 Hardengreen Estate
Dalhousie Road
Dalkeith, EH22 3NX

- 0131 663 6869
- midlothian@vocal.org.uk
- midlothiancarers.co.uk
- @VOCALMidlothian
- VOCALMidlothian

Scottish charity: SC020755
Company registration: SC18305



Hospital In-reach service for Midlothian carers



A carer provides unpaid care to a family member, partner, relative or friend with a:

- physical health problem
- mental health problem
- disability
- long term condition
- drug or alcohol problem

Support provided by VOCAL Midlothian for carers in Midlothian, when the person you care for is in, or leaving, hospital

0131 663 6869



Do you ...

look after a relative, partner or friend who may be elderly or require help to manage a long term illness, disability, physical or mental health problem or addiction? Do you or the person you care for live in Midlothian?

*If so, **and they are in hospital**, you may have some questions or concerns that you would like to talk to someone about.*

VOCAL supports carers in all family or relationship settings, be they defined by kinship, partnership, friendship, affection or obligation.

How can Hospital In-reach service help?

The Hospital In-reach Carer Support Worker can provide support for:

- accessing an Adult Carer Support Plan
- emergency & future planning
- you (the carer) whilst the person you care for is in hospital
- the hospital discharge process
- the move back to caring at home
- signposting to appropriate support and services.

We're here to support you

VOCAL - Voice of Carers Across Lothian is a carer-led organisation which provides the following support to carers in the Midlothian area:

- information on your rights as a carer
- help with benefits and other financial advice
- counselling for carers
- a collective voice on issues that are important to you

Get in touch

Contact **Hospital In-reach Service** using the details on the back of this leaflet or simply return the attached form using the FREEPOST address.

All our services are independent, confidential and free.

Contact VOCAL



☐ Please ring me at home / work to discuss how VOCAL can help me

☐ Please send me a Carer Information Pack and put me on your mailing list

Name:

Address:

Postcode:

Telephone:

Email:

Date of birth:

Ethnicity:

Years caring:

Information about the person being cared for:

Condition(s):

Age:

Relationship:

How we use the information in this form:

The information provided in this form will be stored on VOCAL's secure systems. We will use it to let you know about carer events, training and other relevant support by post, email, SMS or telephone. We will not share any personal information with a third party unless required to do so or with your consent. Information is regularly checked to ensure it is accurate and up to date and you can ask to amend, view or remove your personal data by contacting us (details overleaf).

We would also like to send you occasional information by email about fundraising events and other VOCAL activities.

Please tick here to receive this information: ☐

Read our full data protection statement at vocal.org.uk/privacy