

The Alcohol and Drugs Charter for Family & Friends¹

This charter expresses the rights of family members and carers who are affected by others' use of alcohol or drugs. Adhering to it is a key indicator of service quality.

I have the right to:

Expect my views to be valued

- Family members and carers can have a positive impact on a person's recovery providing they receive adequate support.
- I will be recognised as an equal partner in the provision of care.

Receive appropriate support

- I will be offered support for myself as a carer, including a carer's assessment, when I require help.
- I will receive relevant information concerning alcohol and drug dependency and any related conditions, including possible treatments.

Inform practitioners of the ongoing situation

- I have the right to ask for a separate appointment to inform practitioners about the situation of the person I care for.
- I have the right to inform practitioners how the situation impacts on the life of family members/carers knowing I will not have the right to confidential information.

Inform the development of policy and services

- I have the right to feed back my individual experiences to service providers.
- I have the right to be involved in consultation on relevant policy and strategies and through representation on appropriate bodies.



¹By family and friends we mean carers in all relationship settings be they defined by kinship, partnership, friendship, affection or obligation.