

Freeport RTYY ZYUS HBEBY
VOCAL Edinburgh Carers Hub
60 Leith Walk
Edinburgh
EH6 5HB



HAPPY TO TRANSLATE

MOŻEMY PRZETŁUMACZYĆ আনন্দের সঙ্গে অনুবাদ করব
ترجمہ کے لئے حاضر 很樂意翻譯 يسعدنا توفير الترجمة

Summary available in Braille, large print, easy read or audio if you ask us. Call 0131 622 6666.

VOCAL gratefully acknowledge support from:



Leaflet reprinted May 2018

VOCAL - Voice of Carers Across Lothian

Libertus, 20 Gracemount Drive,
Edinburgh EH16 6RN

T: 0131 672 0987

E: hwaddell@vocal.org.uk

W: www.vocal.org.uk/addictions

Facebook: /VOCALCarers

Twitter: @EdinburghCarers

VOCAL is a recognised Scottish charity: SC020755
Private limited company (Scotland): SC18305



Support for carers in South Edinburgh



A carer provides unpaid care to a family member, partner, relative or friend with a:

- physical health problem
- mental health problem
- disability
- long term condition
- drug or alcohol problem

VOCAL is a carer-led organisation working with family members, partners and friends who are caring for someone.

0131 672 0987

Who can use our services?



Do you . . .

provide unpaid help and support to a family member, child, partner, relative or friend, who could not manage without you?

This could be due to age, a long term condition, disability, physical or mental health problem or addiction.

Do you . . .

Live in South Edinburgh?

VOCAL has a dedicated Carer Support Worker who provides support for carers living in:

- Gracemount
- Gilmerton
- Moredun
- Southhouse / Burdiehouse
- The Inch
- Liberton
- Alnwickhill
- Mortonhall

What can we do to help?

VOCAL's Carer Support Worker provides one-to-one support and an opportunity for carers to find out about their options and choices.

Information and advice

Many carers don't know what they are entitled to. Find out about everything from carers' rights, support services, housing, short breaks, equipment and much more.

Listening ear

An opportunity to speak through concerns (via email, telephone, face-to-face).

Money matters surgeries

Regular surgeries on Power of Attorney, legal issues, over 60's benefits, long term care and help with benefits.

Training courses/workshops

Contact us for up to date information on courses or events, or visit www.carerstraining.co.uk

Access to other VOCAL services

Including stress management, social and leisure opportunities, advocacy and counselling.

Contact VOCAL



Please ring me at home / work to discuss how VOCAL can help me

Please send me a Carer Information Pack and put me on your mailing and ebulletin list

Name:

Address:

Postcode:

Telephone:

Email:

Date of birth:

Ethnicity:

Years caring:

Information about the person being cared for:

Condition(s):

Age:

Relationship:

Data protection - for your assurance

The personal data provided in this form will be stored on VOCAL's secure systems. This will allow us to let you know about events, training and other relevant support by post, email or telephone. We treat and store all information confidentially. We will not share any personal information with a third party unless required to do so or with your consent. Information is regularly checked to ensure it is accurate and up to date.

We would also like to send you occasional information by email about fundraising events and other VOCAL activities.

Please tick here to receive this information:

Read our full data protection statement at vocal.org.uk/privacy

