

VOCAL South Edinburgh
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No Stamp
Required

Contact:

Lisa Rice

Carer Advice & Development Officer

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If you reach our answerphone, please leave a message and we will call you back as soon as possible.

Our services are independent,
confidential and free

VOCAL gratefully acknowledge support from:

LIBERTON & GILMERTON
NEIGHBOURHOOD
PARTNERSHIP



The Princess Royal Trust
for Carers

Scottish Charity SC020755
Company Registration SC183050



Looking after someone?

Who is looking after you?

Support for carers in South Edinburgh

0131 672 0987

Who can use our services?

Do you . . .

provide unpaid help and support to a partner, child, relative, friend or neighbour, who could not manage without you. This could be due to age, physical or mental illness, addiction or disability.

Do you . . .

Live in South Edinburgh?

We have a dedicated Carer Advice & Development Officer who provides support for carers living in:

- Gracemount
- Gilmerton
- Moredun
- Southhouse / Burdiehouse
- The Inch
- Liberton
- Alnwickhill
- Mortonhall

What can we do to help?

We can provide:

Emotional support

An opportunity to speak through concerns (via email, telephone, face-to-face)

Information

A range of information on carers' rights, support services, holidays, respite and much more.

Financial

Help with benefits, fundraising and other financial advice

Monthly support group

For people interested in meeting with others in a similar situation

Training courses/workshops

Contact us for up to date information

Links to other VOCAL services

eg. advocacy and counselling

A collective voice . . .

on issues that are important to you as a carer

Contact us

- Please ring me at home / work to discuss how VOCAL South Edinburgh can help me
- Please send me a copy of your Information Pack and Carers News and put me on your mailing list



Name:

Address:

Postcode:

Telephone:

Email:

We will add you to our carers email group to receive regular updates

Data protection - for your assurance.

The information you provide on this form will be stored on our database so that we can let you know about events, training and publications that may be of interest. We will not share your details with anyone else.

If you don't want us to do this please tick the box.