



VOCAL's publications are available free of charge to carers. You can order any of our publications listed below. Simply complete this form with your contacts details and return it free of charge to the freepost address below.

Please tick the publications you would like to receive:

- | | | | |
|---|--------------------------|---|--------------------------|
| New to Caring
Information and advice for people who are new to caring | <input type="checkbox"/> | Carers Emergency Card
For your emergency contact details and details of the person you care for | <input type="checkbox"/> |
| Changing Relationships
A self help guide for carers | <input type="checkbox"/> | Carers News
Carers newsletter produced three times a year | <input type="checkbox"/> |
| Vocalise
A self-advocacy guide for carers | <input type="checkbox"/> | VOCAL's general leaflet | <input type="checkbox"/> |
| Home from Hospital
Information about coming home after a stay in hospital | <input type="checkbox"/> | Current training leaflets
Condition of person you care for:
_____ | <input type="checkbox"/> |
| Thinking about Long Term Care
part 1 (practical issues)
part 2 (emotional issues) | <input type="checkbox"/> | Advocacy service leaflet | <input type="checkbox"/> |
| Council Tax information leaflet
Council Tax information for carers and the person they care for | <input type="checkbox"/> | Counselling service leaflet | <input type="checkbox"/> |
| | | VOCAL South Edinburgh leaflet | <input type="checkbox"/> |
| | | VOCAL Midlothian leaflet | <input type="checkbox"/> |
| | | Family Support Service leaflet | <input type="checkbox"/> |

Name:

Address:

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Tel:

Tick here if you would like to be added to our mailing list for carers information

***Simply complete and return this form to: VOCAL Carers Centre,
FREEPOST 3172, Edinburgh, EH1 0XG.***

last updated: June 2006