

30 October 2009

Swine flu update for carers

As the vaccination programme for swine flu gets underway, the Scottish Government have produced a leaflet with more information - you can download a copy from:

www.scotland.gov.uk/Resource/Doc/924/0088302.pdf

To help reduce the spread of the flu, VOCAL is asking carers who show or suspect symptoms which could be swine flu, not to attend groups or outings, and to cancel any planned home visits. VOCAL staff will, of course, continue to support you through this period through telephone support and other alternative ways.

Seasonal flu vaccination

Some carers may have already received their seasonal flu vaccination (different to the swine flu vaccination), which is available through your GP surgery.

Carers are entitled to a free vaccination and more information is available at:

www.infoscotland.com/flu/21.html

If you are concerned about flu like symptoms please contact NHS 24 on 08454 24 24 24 for advice.